

# NATURE BOOK CLUB IN THE EARTHSHIP UPCOMING TOPICS:

**September 28<sup>th</sup> ~ Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder, by Richard Louv**

Nature-deficit disorder is not a medical condition; it is a description of the human costs of alienation from nature. This alienation damages children and shapes adults, families, and communities. In his landmark work *Last Child in the Woods*, Richard Louv brought together cutting-edge studies that pointed to direct exposure to nature as essential for a child's healthy physical and emotional development.

**October 26<sup>th</sup> ~ The Narrow Edge: A Tiny Bird, an Ancient Crab, and an Epic Journey, by Deborah Cramer**

Cramer offers unique insight into how, on an increasingly fragile and congested shore, the lives of red knots, horseshoe crabs, and humans are intertwined. She eloquently portrays the tenacity of small birds and the courage of many people who, bird by bird and beach by beach, keep red knots flying.

**Cost:** FREE (donations to SLNC are appreciated). Dessert will be provided. Please feel free to bring along your own non-alcoholic beverage.

**Contact:** Lee Roach for info/RSVP at [SLNCNatureBookClub@GMAIL.COM](mailto:SLNCNatureBookClub@GMAIL.COM).

**Location:** Silver Lake Nature Center's Earthship